

## Complete Course List Offered by the Apple Branch

COURSE	DESCRIPTION	AVAILABLE
A Devotional Year with the Four Faces of Athena	Come learn about Athena and her connections with Anatha, Metis and Medusa. Meditate with Her Aspects under the Four Phases of the Moon	YES
Angrboða and Her Monster Children	Angrboða is the Norse Giantess known as the Mother of Monsters. Come explore the story of Angrboða and her monster children and through the story, delve into your own shadow to discover your hidden potential.	YES
Annym Billagh	Annym Billagh is an ancient system of healing, originating from my ancestral path with roots in the British Isles, specifically, the Isle of Man. It is possible that the Druids, in particular, the Bandrui, the women who served the people as seers, healers, and wise women, used something similar.	YES
As Above So Below - Cauldrons of Poesy	In this course we will examine the three-fold systems of Druidic origin, As Above ~ So Below, by examining the Three Realms, The Cauldrons of Poesy and the Nine Dúile.	YES
Awakening to the Spirit World	Awakening to the Spirit World takes a deep look at tapping sources of invisible power in daily life.	YES
Crystals & Gemstone Healing	Working with gemstones and crystals will allow you to learn about our stone family and how they can assist us in life. The course includes getting to know them, choosing them for magical, spiritual and healing work and how to keep them strong and healthy.	YES
Crystals and Gemstone Magic	Learn the magical uses of crystals and gemstones as well as how to use them for divination.	YES
Dancing with Goddess	Introductory course for those just having found Goddess. The course gives the basic every beginning witch must know!	YES
Death & Dying ***	An exploration of pagan views on death and dying and ways in which to honor a passing.	YES
Earth Light	Earth Light presents important practical methods of working within the Faery Tradition. Through powerful	YES

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	techniques of visualization and imagination, a set of keys to understand ourselves is found. The Underworld and Faery Tradition leads to true healing and regeneration, both of ourselves and of the Earth.	
Earth Path ***	Working with Starhawk's book Earth Path as well as her audio CD package Earth Magic, we will use awareness exercises, inspiring meditations and magical rituals, teaching respect for the natural world and how to spiritually connect with and channel the powers inherent in nature.	YES
Ecology and the Sacred ***	This course provides an introduction to Ecofeminism	YES
Embody the Goddess ***	This course is designed to help a person explore techniques for expanding sensory awareness for the purpose of engaging in full body experience. The human body is designed to utilize all senses. The study includes an appreciation for nature, in fact, a return to nature. The exercises will explore sensory perception with trees, plants, stones, and animals and other life forms around us. Awareness of our inclusion within the web of life will be stressed and the benefits of becoming more attuned with nature will be explored. Engaging in full-body awareness with all of life will broaden our appreciation of the "whole" and our inter-connectedness to the web of life.	YES
Energetic Boundaries	In this course we will explore the concept of setting healthy personal boundaries as well as heal those already set that keep us from leading productive lives. We can create these boundaries and then selectively allow only what energies, people, guidance, situations, opportunities and healing into your life that you desire.	YES
Ethics and Professional Practice for Neo-Pagan Clergy ***	This course is designed to empower students seeking leadership roles within Wicca or Goddess-based paths to understand the religious ethics associated with these traditions and to be able to appropriately	YES

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	negotiate ethical dilemmas that emerge within such a profession. Further students will gain a definition of the parameters of professional practice and identity.	
Feminism 101 ***	Exploration of the feminist movement and the basics of feminism.	YES
Feminist Dianic Wicca ***	This is a class on the basics as presented by Z Budapest in her book The Holy Book of Women's Mysteries. This is required of all women prior to initiation in FDW.	YES
Goddess, Her Myths and Symbols ***	This course explores the concept of the Goddess or Female Deity Principal through myth and the associated symbols.	YES
History of Goddess Worship ***	This course will look at the archaeological and anthropological research of Goddess worship in pre-history and antiquity, competing theories will be explored.	YES
Holographic Song & Chant	Come sing and chant with Bendis. Learn how to choose the right chant or song for your rituals. Words and audio files are included. Come sing with Bendis!	YES
Intro to Magic	This course will guide you through the basic steps involved in magic/spellcasting and give you an understanding of the purpose and how it works. What is a spell? Something you do with intent and awareness to create change and consists of using a set of symbolic actions performed in the physical world to initialize change on a higher level. We will explore the many benefits and opportunities for growth and positive change with your life by crafting and casting spells. This course is a prerequisite to future classes on the different types of magic coming soon.	YES
Introduction to Green Witchcraft	In this course you will learn how to walk the path of the green witch, working in harmony with nature.	YES
Introduction to HedgeCraft	In this course you will learn how to walk the path of the hedge witch, learning how to create sacred spaces	YES

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	that will help you make your home a protected, powerful place.	
Making Magical Webs	Learn to create your own magical webs.	YES
Menstrual Magic	Learn to use your menstrual cycle to achieve success and fulfillment. This course is primarily for women who bleed. However, it can be taken by women who do not and the same information can be used in two ways. A non-bleeding woman can apply this information to the lunar cycle, using the energies prevalent under the phases or she can find her own cycles of ebb & flow in her energy levels, which may not run on a 28 day cycle.	YES
Mysteries of the Dark Moon	We will seek to uncover the secret of the moon's mysterious dark phase by exploring the mythical, psychological, and spiritual symbolism of lunar darkness.	YES
Ogham – Ancient Alphabet 2-3 Year course	In this course we study the Ancient Ogham believed to have been used by the Druids to hold the Mysteries of their teachings. This is a required of all DFC students. It is not done in the classroom, however but is done in the group.	YES
Power Within the Land	At this time of environmental crisis, we have a valuable resource in the form of traditional teachings which hold important knowledge that we can apply to the present situation – particularly with regard to the healing and regeneration of both ourselves and the Land. Power Within the Land explores our oldest and perhaps most neglected spiritual tradition – the Underworld – and taking the reader into the deepest levels, focuses on contact with energies and spiritual beings hidden within the Land itself.	YES
Ritual in Feminist Craft ***	This course will look at ritual structure within goddess worship, tools, and consecration of tools. This is specific to Dianic Craft.	YES
Runes and Divination	Using the Futhark runes for divination	YES

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Runes and Magic	Application of the runes to magical workings	YES
Runes Practicum for Certification	Students must do 25 free readings for clients. Clients provide feedback to instructor.	YES
Runes, Freyja's Aett	Exploration of the First Aett of the 24 Futhark Runes – History and Meaning	YES
Runes, Heimdall's Aett	Exploration of the Second Aett of the 24 Futhark Runes – History and Meaning	YES
Runes, Tyr's Aett	Exploration of the Third Aett of the 24 Futhark Runes – History and Meaning	YES
Sacred Groves ***	Sacred Groves: Creating and Sustaining Neopagan Covens is an in-depth exploration of the role of groups within Neopagan religious practice.	YES
Spiritual Mentoring ***	Learn what is involved in becoming a spiritual mentor and the knowledge required to assume this role.	YES
Weaving Magical Webs	This is a short mini course on weaving magical webs.	YES
Working with the Elements	Exploratory course working with the Four Elements – within and without – Be-coming!	YES
Wyrdworking	This course explores the folklore, meanings, and magical properties of all thirty-three Old English Futhorc runes. You will also learn techniques of magic in Saxon sorcery. Learn <i>galdor</i> and <i>wiglund</i> as well as creating your own set of these magical runes.	YES
African Shamanism	This course looks at the historical and contemporary vision of shamanism within African Tradition.	NO
Anthropology of Shamanism	This course examines critical themes of shamanism and shamanic practice, with specific attention to cultural contexts that serve to define shamanism and practice.	NO
Ceremonial Magic	This course offers progressive lessons in magick using an easy-to-understand foundation based on the Kabbalah. It will guide you through the twelve introductory lessons in ceremonial (high) magick. The teachings include material from the Hermetic Order of the Golden dawn as well as other magickal traditions.	NO

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Feminist Ritual Theology - any religion	In this class we look at the task of re-making the world as a more just expression of human life through ritual – how to connect lives – work - politics- and spiritual strivings. We will examine feminism and religious ritual, social justice and spirituality, integrating them into a vision and practice of feminist ritual thealogy.	NO
Giants of Jotunheimr	This course is designed to introduce students to the Giants of Northern European mythology and to explore them as powerful archetypes for our own very human behavior. The Giants were the very first beings to be discussed in the historical lore. They are “larger than life” figures, very primal in their energies and so help us to get down to the core of some of our own often disturbing energies.	NO***
Guided by the Moon	Learn how to live by the phases of the moon. Learn how the moon phases affect everything we do.	NO***
Intro to Chaos Magic	Chaos Magic posits no beliefs -- at least none to be considered absolutely "true". Nothing is true. You are therefore free to take anything you like and use it AS IF it were true. Everything is permitted. And the amazing thing is that even if you're _faking it_ it still works!	NO
Intro to Divination ***	An introduction to various types of divination to use for insight into our spiritual development.	NO***
Intro to Hoodoo	Hoodoo is an eclectic blend of African tradition, Native American medicine, Judeo-Christian ritual, and European magick. Tracing Hoodoo's roots back to Africa, Hoodoo practitioner Stephanie Rose Bird provides a fascinating history of this nature-based healing tradition, showing you how to use Hoodoo magick in your everyday life.  Learn how sticks, stones, roots, and bones-the basic ingredients in a Hoodoo mojo bag-can be used in rites, spells, and ceremonies to bless your home, find love, attract wealth, offer protection, and promote health and happiness.	NO***

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Jewish Shamanism	This course looks at the historical and contemporary vision of shamanism within Jewish tradition.	NO
Modern Shamanic Traditions – A Survey	This course examines diverse traditions of shamanism in contemporary practice, with specific attention to leaders in these traditions and their interpretation of the shaman's role.	NO
Patterns of Natural Intelligence	Learn to unlock the patterns of your natural intelligence for insight, creativity and better communication.	NO
Psychic Self-Defense	The art of psychic protection is an ancient skill found in every time, place and culture. Throughout the history of the world, ordinary people have been careful to observe wise customs and maintain boundaries between themselves and spiritual harm. This course will bring understanding and give you methods to employ to relieve psychic disturbance from your life.	NO***
Sacred Mask Sacred Dance	Recapture the spirit of the old ways through powerful, transformative rituals based up on the masked rites of European shamanism. Learn the secrets of one of the oldest magical techniques known to humankind.	NO***
Siberian/Mongolian Shamanism	This course will critically examine the texts by the Mongolian Shaman Sarangerel and includes an exploration of Siberian–Mongolian Shamanism	NO
Teaching Children in Pagan Traditions	Here we explore the many ways in which we may teach our children pagan values, views and perspectives on life.	NO
Teutonic/Germanic Shamanism	This course looks at the historical vision of shamanism within Teutonic German Tradition. Learn and understand the roots of modern Seidr practice.	NO
Triple Goddess Archetype ***	This course will explore in-depth the guiding themes of Goddess tradition associated with the image of the Triple Goddess. It will look at both the theological implications and personal application in daily life.	NO***

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Use of Thought Forms in Magical Practice	Learn about as well as how to create and use magical thought forms.	NO***
VooDoo	This course explores the history and ritual life of Voodoo, as well as specific examination of Voodoo as a shamanic path.	NO***
Wisdom of Menstruation	This course helps you to understand how cultural attitudes affect women's health. You will learn to identify the different phases of your cycle and develop the ability to process feelings and emotions associated with your cycle.	NO***
Women's Rites of Passage ***	Explore the Dance of Women's Moontime Cycle. The Women's Rites of Passage program uses a large format workbook containing two comprehensive sections: one on the Mysteries of Menstruation and the second on the Mysteries of Menopause with accompanying journal pages. We will explore detailed ceremonies to adapt, complete with musical annotations to honor the various phases of womanhood.	NO
Writing Ritual for Neo-Pagan Groups ***	This course is designed as an intensive in the process of creating and structure ritual and liturgy for Neopagan groups. Creating Circles & Ceremonies and Earth Path	NO
Pagan Esbats *** Mentoring Program Only	This course explores the role of Moon celebrations within witchcraft. Year-long course.	GROUP ONLY
Pagan Sabbats *** Mentoring Program Only	This course will explore in-depth the historical, symbolic and philosophical meanings of all eight Sabbats in Wicca. Year-long course with rituals.	GROUP ONLY